

## **BUILDING MOTIVATION**

**Directions:** This form helps you answer the question, "What does my loved one/learner like about what they like?" This form will also help you create more golden moments as you find more item/activities that your loved one/learner enjoys. As you find these golden moments move them over to your My Golden Moments Master Sheet.

HYPOTHESIS	ANOTHER ITEM/ACTIVITY THAT IS SIMILAR	HOW DID THEY RESPOND?  POSITIVE-NEGATIVE-NEUTRAL	PLACE <b>√</b> FOR EACH TIME YOU TRIED	IS THIS SOMETHING THAT THEY LIKE? YES-NO-MAYBE